

Day 8 of the 14 Day Challenge “Your Story, Your Life.”

“Where you discover that the Story You Tell becomes the Life that You Live.”
-SusanJoy Grieco, Seminar Leader & Writer

Welcome to Day 8! Yes!

Tools You’ll Need: a notebook and pen or a laptop or device and curiosity, courage and commitment

Time You’ll Need: 10 minutes plus any extra time you wish

A Quick Review:

Did yesterday’s story seem to lead to triumph or tragedy?

Today’s “Playwork” :

Pulling back the Veil

1- What is your favorite, most memorable fairytale or story from early childhood?

2- What are the characters, conflict, change, motivations?

3- Can you “connect the dots” between the story and your own hopes, fears and dreams?

3- What aspects of the fairytale have shown up in your life ?



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