

Day 14 of the 14 Day Challenge “Your Story, Your Life.”

“Where you discover that the Story You Tell becomes the Life that You Live.”

-SusanJoy Grieco, Seminar Leader & Writer

Welcome to Day 14! You did it! Fantastic work!

Tools You’ll Need: a notebook and pen or a laptop or device and curiosity, courage and commitment

Time You’ll Need: 10 minutes plus any extra time you wish

A Quick Review:

- 1- Tell the Story You Want to Live
 - 2- Share the Story You want to Live
 - 3- Take the next step in your personal development by signing up for our events
- www.SusanJoyGrieco.com

Today’s “Playwork”

- 1-
- 2- On scale of 1 to 10 (10 being fantastic) rate how you feel and think about your:

Body _____

Relationships _____

Work _____

Money _____

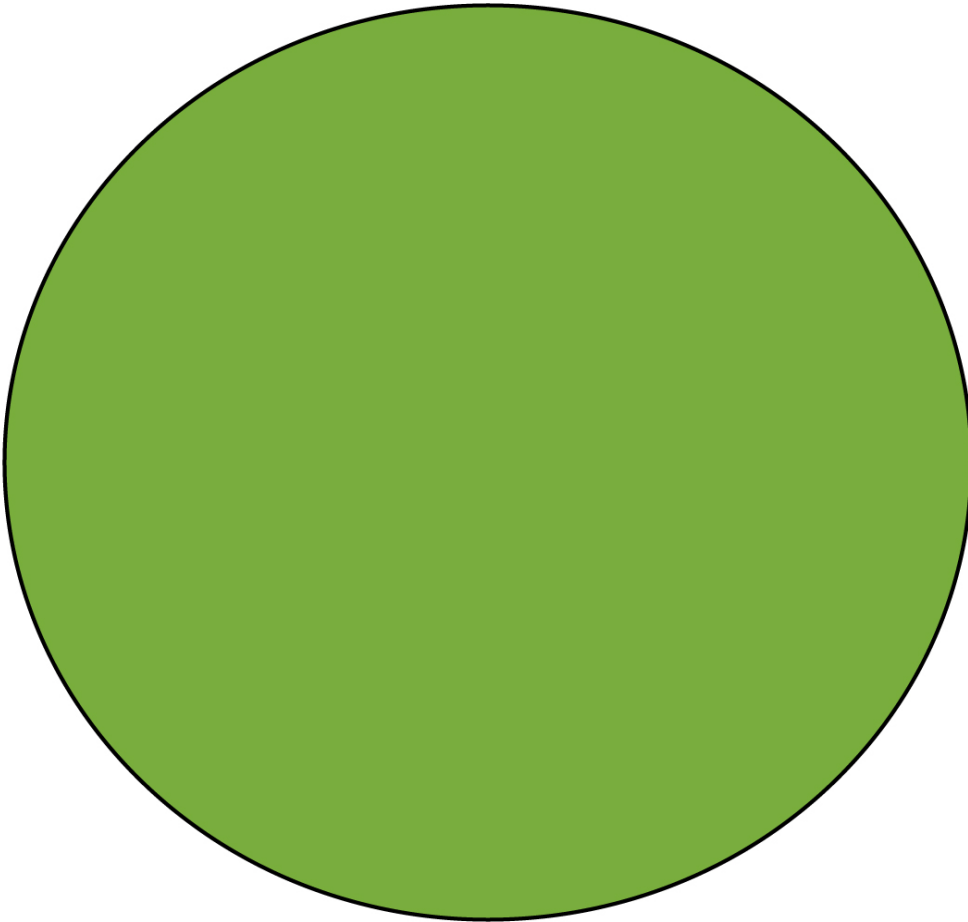
Mind _____

Home _____

Car _____

Other _____

3- Now create your own pie charts by creating a slice for each topic. And then fill in based on the numbers. For example a 5 rating gives you a half eaten slice, and 8 only is a couple bites. Where have you begun transformation! Congratulations!



Sign-up for the next event and keep yourself awake, alive and moving forward :
www.SusanJoyGrieco.com



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