

Day 13 of the 14 Day Challenge “Your Story, Your Life.”

“Where you discover that the Story You Tell becomes the Life that You Live.”

-SusanJoy Grieco, Seminar Leader & Writer

Welcome to Day 13! Let it rip!

Tools You’ll Need: a notebook and pen or a laptop or device and curiosity, courage and commitment Plus a TIMER

Time You’ll Need: 10 minutes plus any extra time you wish

Today’s Homework:

Let loose and pour your story on the pages.

Set a timer for 9 minute. Write as fast as you can. Then do it again and again as you wish. Be free to express on the page.



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