

Day 12 of the 14 Day Challenge “Your Story, Your Life.”

“Where you discover that the Story You Tell becomes the Life that You Live.”
-SusanJoy Grieco, Seminar Leader & Writer

Welcome to Day 12! You feeling invigorated and refreshed?

Tools You’ll Need: a notebook and pen or a laptop or device and curiosity, courage and commitment

Time You’ll Need: 10 minutes plus any extra time you wish

Today’s Homework:

Why do we choose positive vs. negative story?

The Dimension Framework Part 2

- Stability
- Adventure
- Recognition
- Love and appreciation
- Expansion
- Showering

1- What are some of your Love and Appreciation stories?

2- What are some of your Expansion stories?

3- What are some of your Showering stories?

