

Day 10 of the 14 Day Challenge “Your Story, Your Life.”

“Where you discover that the Story You Tell becomes the Life that You Live.”

-SusanJoy Grieco, Seminar Leader & Writer

Welcome to Day 10! Give yourself a hug!

Tools You’ll Need: a notebook and pen or a laptop or device and curiosity, courage and commitment

Time You’ll Need: 10 minutes plus any extra time you wish

Today’s Homework:

The Little Hot Pepper Girl Playwork!

1- Where in your life are you now facing a change moment, turning point in your story, a new decision?

2- Where in your past have you faced a conflict/change moment that you liked where your decision took you?

3- Where in your past have you faced a conflict/change moment that you did not like where your choice took you?

4- Where have you faced a moment of conflict/change moment where the decision eventually became a reality , as in the case of the Little HOt Pepper Girl growing up to start a business?

